



Menopause 101 Webinar:

Beat the Heat: Treating Hot Flashes and Other Common Symptoms

Hot flashes and night sweats are among the most common symptoms of peri/menopause, and may feel debilitating. Join Progyny alongside a menopause specialist to understand why hot flashes occur, other common symptoms, treatment options, and how you can find relief through Progyny.

Join this session with Progyny and a menopause specialist to learn:

- What causes hot flashes and other common symptoms
- Hormonal, non-hormonal, and lifestyle treatment options
- Available care through Progyny to help you find relief
- Answers to your top questions via a live Q&A

Learn how your Progyny benefit can connect you to personalized support and the care you deserve. Can't make it? Register for a recording of the session!

Wednesday, July 15 | 3:00 pm ET

REGISTER TODAY



**Scan to
register**



Curious to learn more about your benefit before the webinar?

Call Progyny at 888.597.5065

Visit our [benefits site](#).

To access the Progyny benefit, you must be enrolled in an eligible plan through your organization.